



2019 Rock the Locks 5K Results (PAGE 1)

| NAME | RANK | AGE | GENDER | TIME |
|---------------------|------|-----|--------|-------|
| TONY FILIPEK | 1 | 31 | M | 16:29 |
| NICK ADAM | 2 | 37 | M | 17:18 |
| KYLE KIEL | 3 | 37 | M | 18:03 |
| JOHNATHON REINKE | 4 | 35 | M | 18:43 |
| SCOTT MCCRON | 5 | 32 | M | 18:46 |
| JOHNATHON WILLIS | 6 | 15 | M | 20:21 |
| STEVEN WATSON | 7 | 35 | M | 20:24 |
| RYAN SANDERSON | 8 | 20 | M | 21:26 |
| ADAM GURNOE | 9 | 35 | M | 22:12 |
| KEEGAN VERRETT-KIEL | 10 | 10 | M | 22:23 |
| ZACHARY WELLS | 11 | 26 | M | 22:25 |
| PATRICK MALLOY | 12 | 49 | M | 23:07 |
| CASSANDRA GALLAGHER | 13 | 14 | F | 23:08 |
| SHELBY COULTER | 14 | 30 | F | 23:19 |
| RYVER RYCKEGHEM | 15 | 13 | M | 23:22 |
| TONY DEMULL | 16 | 54 | M | 23:36 |
| JORDAN GRELOWSKI | 17 | 29 | M | 23:42 |
| RON O'CONNOR | 18 | 55 | M | 24:11 |
| JOANNA MALECKA | 19 | 31 | F | 24:11 |
| KELSEY WELLS | 20 | 25 | F | 24:23 |
| BRENT MAURER | 21 | 11 | M | 24:30 |
| DUSTIN JONES | 22 | 49 | M | 24:42 |
| JESSE WESOLEK | 23 | 32 | F | 24:50 |
| TOM HARBRUGH | 24 | 70 | M | 24:54 |
| BAYLIE LAVIGNE | 25 | 13 | F | 25:02 |
| SYDNY MULLINS | 26 | 18 | F | 25:07 |
| AMELIA STRZECZOWSKI | 27 | 16 | F | 25:10 |
| BRENT COOK | 28 | 69 | M | 25:17 |
| RACHEL MCCOY | 29 | 43 | F | 25:27 |
| BRANT JAMES COULTER | 30 | 29 | M | 25:39 |
| BRIANNA JONES | 31 | 14 | F | 25:41 |
| MARTY MOORE | 32 | 37 | M | 25:47 |
| BARBARA SCOTT | 33 | 55 | F | 25:53 |
| FREDRICK MICHELS | 34 | 72 | M | 25:55 |
| COLE GORDON | 35 | 9 | M | 26:01 |
| DREW FABRY | 36 | 11 | M | 26:23 |
| MARCUR DOYLE | 37 | 26 | M | 26:26 |
| JOCELYN FABRY | 38 | 40 | F | 26:28 |

2019 ROCK THE LOCKS 5K RESULTS (PAGE 2)

| NAME | RANK | AGE | GENDER | TIME |
|-----------------------|-------------|------------|---------------|-------------|
| ASHLEY MOERKE | 39 | 43 | F | 26:32 |
| GERAN WATKINS | 40 | 26 | M | 26:37 |
| JODY ORTO | 41 | 41 | F | 26:37 |
| BLAKE HUNGERFORD | 42 | 19 | M | 26:38 |
| MARK MICHELS | 43 | 32 | M | 26:39 |
| KRISTEN VERRETT | 44 | 49 | F | 26:41 |
| GAYLE HARBAUGH | 45 | 54 | F | 26:44 |
| MITCHELL WILLIS | 46 | 49 | M | 27:06 |
| KARA RENO | 47 | 44 | F | 27:09 |
| QUINTEN HENERSON | 48 | 13 | M | 27:12 |
| KALI BROSCO | 49 | 23 | F | 27:14 |
| KYLE OSBURN | 50 | 26 | M | 27:23 |
| DEWEY BROCK | 51 | 33 | M | 27:27 |
| LAWRENCE STRZECHOWSKI | 52 | 47 | M | 27:37 |
| LUANNE RUTT | 53 | 61 | F | 27:40 |
| PENNY COON | 54 | 55 | F | 27:42 |
| MARCI GOBLE | 55 | 40 | F | 27:44 |
| ANDREA VAUGHT | 56 | 40 | F | 27:48 |
| HELEN MOOREN | 57 | 14 | F | 27:57 |
| MALLORY MARINICH | 58 | 31 | F | 28:03 |
| GARY MESSER | 59 | 64 | M | 28:09 |
| KAILEY TURCO | 60 | 25 | F | 28:10 |
| JOSHUA ALVARENGA | 61 | 22 | M | 28:14 |
| NOAH PALAHNUK | 62 | 9 | M | 28:14 |
| JAMEY PALAHNUK | 63 | 42 | M | 28:15 |
| ANDREW OSBORN | 64 | 12 | M | 28:19 |
| GEORGE HOOKER | 65 | 60 | M | 28:20 |
| KATHRYN MONCK | 66 | 52 | F | 28:25 |
| ELIJAH PARKER | 67 | 13 | M | 28:25 |
| DAYNA SZABO | 68 | 13 | F | 28:26 |
| BREANNA VERT | 69 | 17 | F | 28:39 |
| STEPHANIE ROSA | 70 | 41 | F | 28:58 |
| LAURIE GRAHAM | 71 | 42 | F | 29:01 |
| MEG BOUCHER | 72 | 38 | F | 29:01 |
| DONNA CAMERON | 73 | 49 | F | 29:08 |
| JOHN COOPER | 74 | 64 | F | 29:23 |
| ADDISON SCHROEDER | 75 | 12 | F | 29:24 |
| EMMA WALLIS | 76 | 12 | F | 29:33 |
| DEANA HORCHNER | 77 | 59 | F | 29:34 |
| HOLLY OSBURN | 78 | 25 | F | 29:40 |
| ROBERT KORTMAN | 79 | 51 | M | 29:43 |
| JESSE CUSTER | 80 | 30 | M | 29:47 |
| CATHY SZABO | 81 | 50 | F | 29:57 |
| JEFF MANZ | 82 | 51 | M | 30:02 |
| JONELLE MANZ | 83 | 51 | F | 30:07 |
| DIANA KENNEDY | 84 | 47 | F | 30:10 |

2019 ROCK THE LOCKS 5K RESULTS (PAGE 3)

| NAME | RANK | AGE | GENDER | TIME |
|---------------------------|-------------|------------|---------------|-------------|
| MATT ARNOLD | 85 | 34 | M | 30:11 |
| LINDA BIELECKI | 86 | 45 | F | 30:12 |
| GENE WICKS | 87 | 61 | M | 30:13 |
| JAMIE JOHNSON | 88 | 38 | F | 30:15 |
| LEA FLYNN | 89 | 27 | F | 30:24 |
| ANDRE JACQUES | 90 | 26 | M | 30:25 |
| DOMINIQUE LACHAPELLE | 91 | 31 | F | 30:26 |
| RESSIE STRANALY | 92 | 44 | F | 30:26 |
| ISABELLA CICCO | 93 | 9 | F | 30:29 |
| CHANDAL SUTHERLAND | 94 | 32 | F | 30:31 |
| BROOKE BAKER | 95 | 16 | F | 30:32 |
| EMILY MONARCH | 96 | 31 | F | 30:38 |
| JON CARLISLE | 97 | 69 | M | 30:38 |
| JOHN ERMATINGER | 98 | 61 | M | 30:40 |
| DANIELLE OSBORN | 99 | 11 | F | 30:42 |
| CRYSTAL SCHROERDER | 100 | 40 | F | 30:47 |
| MEGAN BOUCHIE | 101 | 32 | F | 30:55 |
| JAEDYNN GALAROWIC | 102 | 13 | F | 31:06 |
| SARAH MORREN | 103 | 40 | F | 31:07 |
| BRITTANY WIENCKOWSKI | 104 | 31 | F | 31:09 |
| LISA DIETLIN-KORTMAN | 105 | 51 | F | 31:11 |
| DENISE FOLKERSMA | 106 | 33 | F | 31:28 |
| SUSAN HORN | 107 | 53 | F | 31:31 |
| SHARON SEELER | 108 | 54 | F | 31:32 |
| MINDY MCCREADY | 109 | 41 | F | 31:38 |
| BRENDA FRAZIER | 110 | 51 | F | 31:41 |
| CHAD FOLKERSMA | 111 | 35 | M | 31:43 |
| ROBERT STRATTON | 112 | 44 | M | 31:49 |
| MANUELA BYRNES | 113 | 51 | F | 31:50 |
| RAQUEL FERNANDEZ- EAMS | 114 | 64 | F | 31:58 |
| DEBORAH GALLAGHER | 115 | 46 | F | 32:10 |
| ROBIN DEBLAKE | 116 | 63 | F | 32:12 |
| DON MARBLE | 117 | 62 | M | 32:14 |
| KAMRYN LAVIGNE | 118 | 10 | F | 32:29 |
| EMILY SISOVSKY | 119 | 28 | F | 32:40 |
| ERIKA LAITINEN-ODBERT | 120 | 30 | F | 32:54 |
| NERINA PERFIRA | 121 | 42 | F | 32:56 |
| CAMREN MCCLENNY | 122 | 12 | M | 32:57 |
| JEFFERY BROWN | 123 | 50 | M | 33:00 |
| KELLY TAOMIKOSKI | 124 | 40 | F | 33:00 |
| ROBYN HUNGERFORD | 125 | 39 | F | 33:03 |
| MIA AMO | 126 | 8 | F | 33:03 |
| SARAH AMO | 127 | 38 | F | 33:05 |
| DAVID GREGORIC | 128 | 39 | M | 33:10 |
| CHELSEA HOFFRICHTER | 129 | 30 | F | 33:16 |
| JENNIFER CRYDERMAN | 130 | 48 | F | 33:19 |

2019 ROCK THE LOCKS 5K RESULTS (PAGE 4)

| NAME | RANK | AGE | GENDER | TIME |
|---------------------------|-------------|------------|---------------|-------------|
| SANDRA OLSEN | 131 | 58 | F | 33:32 |
| DAVID DICKEY | 132 | 57 | M | 33:36 |
| EASTON GOBLE | 133 | 11 | M | 33:46 |
| NATASHA HALONEN | 134 | 34 | F | 33:52 |
| ABBIGAIL CICCIO | 135 | 41 | F | 33:52 |
| LILY ANDERSON | 136 | 11 | F | 33:56 |
| BOB JONES | 137 | 65 | M | 34:05 |
| JODY KAPUSCINSKI | 138 | 41 | F | 34:17 |
| MARC BOUCHER | 139 | 48 | M | 34:23 |
| SHANNAN WANGLER | 140 | 45 | F | 34:23 |
| SAGE MILLS | 141 | 14 | F | 34:24 |
| BEVERLY MCCREADY | 142 | 59 | F | 34:31 |
| JENNIFER PARKS | 143 | 41 | F | 34:33 |
| KATIE CHIPMAN- BERGSMA | 144 | 32 | F | 35:03 |
| EMILY JOHNSON | 145 | 28 | F | 35:08 |
| CYNTHIA QUIGLEY | 146 | 64 | F | 35:09 |
| TEREK SAWYER | 147 | 13 | M | 35:09 |
| SANDY SAWYER | 148 | 44 | F | 35:18 |
| MONIQUE SARTORETTO | 149 | 48 | F | 35:27 |
| DANIEL TWINING | 150 | 15 | M | 35:37 |
| MAX VANDOREN | 151 | 11 | M | 35:51 |
| LISA TURCO | 152 | 50 | F | 36:00 |
| KARLY GRANT | 153 | 9 | F | 36:07 |
| BONNIE KAUNISTO | 154 | 52 | F | 36:08 |
| AMY TENEYCK | 155 | 40 | F | 36:08 |
| TARA KELGAR | 156 | 40 | F | 36:09 |
| CARRIE NOVAK | 157 | 46 | F | 36:21 |
| LEIGHANN RYCKEGHEM | 158 | 39 | F | 36:27 |
| MELINDA PICHE | 159 | 23 | F | 36:29 |
| DEBBIE WILSON | 160 | 48 | F | 37:02 |
| ANTHONY SILVERI | 161 | 29 | M | 37:19 |
| COURTNEY GRANT | 162 | 38 | F | 37:24 |
| MONIQUE BAKER | 163 | 53 | F | 37:30 |
| EMILY ANDERSON | 164 | 17 | F | 37:39 |
| ELENA LEHOCKEY | 165 | 52 | F | 37:48 |
| MARIE SMITH | 166 | 54 | F | 37:50 |
| KATIE PEABODY | 167 | 38 | F | 38:09 |
| RHONDA WORKMAN | 168 | 64 | F | 38:11 |
| CHAD AMO | 169 | 39 | M | 38:12 |
| REESE AMO | 170 | 9 | F | 38:20 |
| JESSIE SKOG | 171 | 30 | F | 39:10 |
| JESSE VAN HOOP | 172 | 36 | M | 39:20 |
| KIMBERLY LECLAIR | 173 | 37 | F | 39:32 |
| CHRISTINE KERRIDGE | 174 | 49 | F | 39:35 |
| MURIAL STRZECOWSKI | 175 | 13 | F | 39:36 |
| CLARA STRZECOWSKI | 176 | 11 | F | 39:43 |

2019 ROCK THE LOCKS 5K RESULTS (PAGE 5)

| NAME | RANK | AGE | GENDER | TIME |
|----------------------|-------------|------------|---------------|-------------|
| MARK VANDOREN | 177 | 47 | M | 39:43 |
| ALEXANDRA VANDOREN | 178 | 47 | F | 39:54 |
| COURTENAY CARR | 179 | 43 | F | 40:00 |
| JOHN SMITH | 180 | 54 | M | 40:12 |
| TYFFANIE WILSON | 181 | 25 | F | 40:36 |
| STEPHANIE VERT | 182 | 46 | M | 40:43 |
| MATTY LOCKHART | 183 | 31 | F | 40:43 |
| CARA DIFOGGI | 184 | 32 | F | 41:19 |
| BONNY MILLS | 185 | 37 | F | 41:20 |
| JULIE ROBINSON | 186 | 41 | F | 41:20 |
| MADISON MAZZUCA | 187 | 11 | F | 41:25 |
| LINDSAY EATON | 188 | 29 | F | 41:25 |
| LAURIE EATON | 189 | 58 | F | 41:28 |
| STEPHANIE COOK | 190 | 42 | F | 41:32 |
| STACEY MCLEOD | 191 | 44 | F | 41:33 |
| HEATHER HANSEN | 192 | 39 | F | 41:40 |
| PETER SCORNAICMEKI | 193 | 45 | M | 41:58 |
| KATELYN PORCARO | 194 | 30 | F | 41:58 |
| DONALD HOLLAND | 195 | 26 | M | 42:00 |
| STEPHEN SMITH | 196 | 33 | M | 42:01 |
| AMY LAPOINT | 197 | 50 | F | 42:38 |
| STAR GREEN | 198 | 36 | F | 42:40 |
| LUCA GORDON | 199 | 11 | M | 42:57 |
| MIKE GORDON | 200 | 33 | M | 42:58 |
| ROBIN MOSHER | 201 | 62 | F | 43:11 |
| LORENA DICKEY | 202 | 56 | F | 43:12 |
| SHAWN WEBB | 203 | 10 | M | 43:30 |
| SARA MAURER | 205 | 40 | F | 43:37 |
| MAGGIE TWINING | 206 | 42 | F | 43:39 |
| PATRICIA PARKER | 207 | 40 | F | 43:45 |
| CHELSEA CARR | 208 | 34 | F | 43:58 |
| JESSICA GRAHAM | 209 | 26 | F | 44:03 |
| SHERI GRAHAM | 210 | 49 | F | 44:05 |
| SELENA KIM | 211 | 18 | F | 44:12 |
| SHERRI BUMSTEAD | 212 | 58 | F | 44:59 |
| AUDREY BUDLONG-JONES | 213 | 61 | F | 45:08 |
| LIZ HOOKANA | 214 | 30 | F | 45:49 |
| HEATHER SMITH | 215 | 52 | F | 45:57 |
| KRISTIN STEFFEN | 216 | 52 | F | 46:00 |
| DARLENE BAILEY | 217 | 55 | F | 46:01 |
| KATHY LEVITAN | 218 | 57 | F | 46:20 |
| SUSAN SLIGER | 219 | 52 | F | 46:41 |
| JANE MCLEOD | 220 | 57 | F | 46:41 |
| CHARLENE PIERCE | 221 | 59 | F | 46:43 |
| EMILY JACQUES | 222 | 27 | F | 46:47 |
| LINDEN BIELECKI | 223 | 57 | M | 47:12 |
| TIM ELLIS | 224 | 47 | M | 47:17 |

2019 ROCK THE LOCKS 5K RESULTS (PAGE 6)

| NAME | RANK | AGE | GENDER | TIME |
|---------------------|-------------|------------|---------------|-------------|
| BONNIE RAFFAELE | 225 | 54 | F | 47:25 |
| PAT CARUSO | 226 | 64 | F | 48:10 |
| BRENDAN BEAR | 227 | 16 | M | 48:31 |
| MARTHA CAMPBELL | 228 | 38 | F | 48:31 |
| KELLI VERDECCHIA | 229 | 49 | F | 48:34 |
| KIM SHAY | 230 | 46 | F | 49:35 |
| SHARON QUINN | 231 | 52 | F | 51:12 |
| COLLEEN BELL | 232 | 51 | F | 51:12 |
| MELISSA WASBURN | 233 | 59 | F | 51:17 |
| MARY SUPHAN | 234 | 70 | F | 51:18 |
| NANCY FUERSTNAU | 235 | 63 | F | 51:44 |
| ERICA GORDON | 236 | 32 | F | 51:56 |
| LISA ROTH | 237 | 33 | F | 51:56 |
| NATASHA RINALDI | 238 | 42 | F | 52:01 |
| STEFANIA FRANZISI | 239 | 36 | F | 52:01 |
| CHERA MCCUTCHEON | 240 | 48 | F | 52:01 |
| MAGDA WALKER | 241 | 56 | F | 52:02 |
| SHERYL MITCHELL | 242 | 61 | F | 52:24 |
| KRIS PARMENTIER | 243 | 68 | F | 52:30 |
| MELISSA TOMINAC | 244 | 29 | F | 52:32 |
| KIMBERLY KOZEYAH | 245 | 35 | F | 52:49 |
| MARY MICHAELS | 246 | 58 | F | 52:49 |
| NANCY MILLER | 247 | 57 | F | 52:50 |
| PATRICIA ERMISH | 248 | 51 | F | 53:18 |
| CHRIS WILLIS | 249 | 40 | M | 53:26 |
| BRENDA RANSOM | 250 | 48 | F | 53:55 |
| TONI ATTERIDGE | 251 | 63 | F | 54:13 |
| BARBARA WYNE-CORLEY | 252 | 56 | F | 54:16 |
| ROBERT FRENCH | 253 | 46 | M | 55:20 |
| CANDICE FRENCH | 254 | 42 | F | 55:38 |
| JONATHAN OSBORN | 255 | 12 | M | 57:39 |
| SUSAN CAMP | 256 | 62 | F | 58:24 |
| PATTI MCCARTHY | 257 | 66 | F | 58:24 |
| ADAM OSBORN | 258 | 34 | M | 59:40 |
| HELEN OSBORN | 259 | 64 | F | 59:47 |
| THERESA MILLER | 260 | 55 | F | 1:00.11 |