



Rock the Locks 5K Frequently Asked Questions

FAQ #1: *Do I need an ID to enter the Soo Locks Park?*

No, however those with bags, strollers, backpacks etc., are subject to search at security checkpoints.

FAQ #2: *Can I bring my dog?*

While the Rock the Locks 5K crew loves our furry pets, they are not allowed in the Soo Locks Park

FAQ #3: *If I am pushing a stroller during this 5K do I need to register my child?*

Children in a stroller do not need to be registered, however strollers are subject to search at security checkpoints.

FAQ #4: *Where is the 5k starting line?*

The start and finish line for this 5K will be at Brady Park.

FAQ #5: *Where is parking?*

Parking is available along Water Street and areas surrounding Brady Park

FAQ #6: *Why is this a nighttime race?*

Rock the Locks 5K is a nighttime race to add to the totally unique factor of a race that has never before happened in Sault Ste. Marie!

FAQ #7: *Will the course be visible at night?*

Worry not! This course will be well marked and easy to follow.

FAQ #8: *If I cannot attend, is my registration fee refundable?*

This 5K is non-refundable and non-transferable to other racers, however you may still receive your t-shirt. This shirt can be redeemed during registration the day of the event only.

FAQ #9: *Are there goodie bags for racers?*

Yes! Each Rock the Locks participant will receive a link to an electronic goodie bag with exclusive coupons and sales to runners.

FAQ #10: *Will prizes be awarded for this 5k?*

Prizes will be awarded to the top three runners in every age category.

Top Male and Female and Top Masters Male (45 and older), Female (45 and older) and prizes to be awarded to top three runners in every age category. (males and females)

FAQ #11: *Will I receive a medal?*

All participants who complete the 5K course will receive a custom Rock the Locks 5K medal.

FAQ #12: *Is this is a chip timed event?*

Race results will be chip timed.

FAQ #13: *Can non-registered family and friends run alongside me?*

Family and friend support is highly encouraged in designated spectator areas, however, non-registered persons pacing the runner across finish line is strictly prohibited as this disrupts the timing. Any race participant who crosses the finish line with a non-registered person will be disqualified.

FAQ #14: *Where can we check results?*

Runner results will be posted immediately following the race in the event area at Brady Park. Times will be updated on the official Rock the Locks 5K website within 72 hours.

FAQ #15: *Is this event rain or shine?*

YES! However, in the event of inclement weather (example: lightening) the race will be postponed until conditions are safe. In the event of a postponement, runners and spectators will be encouraged to shelter in place until the run resumes.

FAQ #16: *Can my family and friends come to cheer me on?*

We highly encourage spectators. Spectator areas will be posted on the course map. (coming soon)

FAQ #17: *Will I receive a race bib?*

At packet pickup you will receive an official race bib to be worn visibly on the front of your shirt.

FAQ #18: *Will there be food and beverage available?*

A hospitality tent with complimentary snacks and beverages will be open to all runners at the conclusion of the race at Brady Park. One water station will be setup along the course.

FAQ #19: *Are racers able to utilize personal headphones or individual earbuds on the race course?*

Use of headphones or earbuds is discouraged on the course but not prohibited. We hope you will soak in the entertainment provided along the race course.

FAQ #20: *Is this a closed course?*

NO, while we may have some road closures, the course will mostly be open to thru traffic. Course marshals and auxiliary police will be placed at intersections. Runners are expected to exercise caution along the entire route to ensure personal safety.